

### If You Test Positive for COVID-19 (Isolate)

All persons who test positive for COVID-19 or have suspected COVID-19, regardless of vaccination status

- Stay home for at least 5 full days from the symptom onset date if symptomatic or the date of the positive test if no symptoms.
- On Day 6, if there are no symptoms or symptoms have resolved including no fever for at least 24 hours without medication, student or staff may return to school.
- MUST wear a well-fitting mask **correctly and consistently** at all times for 5 additional days unless eating.

Day 0 = Date Positive Test Was Performed or Start of Symptoms, Whichever Was Last

**NOTES:**

- **If the person is unable to wear a well-fitting mask correctly and consistently at all times, they should stay home for 10 full days from the symptom onset date if symptomatic or the date of the positive test if no symptoms.**
- A student or staff member may not return to school if symptoms are still present and/or fever has not been resolved for 24 hours without medication.
- No participation in higher risk activities between day 6 to 10 (Ex. Including but not limited to indoor or high contact athletics, indoor forced exhalation activities such as singing, exercising, or playing a wind or brass instrument).
- These guidelines do not apply to people with severe COVID-19 or with weakened immune systems.

### If You Were Exposed to Someone with COVID-19

**If you:**  
**Have been boosted**  
**OR**  
**Completed the primary series of Pfizer vaccine within the last 5 months**  
**OR**  
**Completed the primary series of Moderna vaccine within the last 6 months**  
**OR**  
**Completed the primary series of J&J vaccine within the last 2 months**  
**OR**  
**Had confirmed COVID-19 within the last 90 days**

- You **Do Not** need to quarantine after exposure.
- Wear a well-fitting mask **correctly and consistently at all times for 10 days unless eating** after the date of last exposure to the person with COVID-19.
- **Must** test on Day 5 after the date of last exposure. **(Persons who had a confirmed positive COVID-19 test within the last 90 days do not need to test).**

**Rapid Antigen or PCR test is acceptable.**

Day 0 = Date of Last Exposure

- **If you test positive, you should stay home and follow recommendations for “If You Test Positive for COVID-19 (Isolate)”.**
- **If you test negative, you should continue to wear a well-fitting mask correctly and consistently at all times for 10 days unless eating** from the date of last exposure.
- **If you develop symptoms, you should immediately be excluded from class and/or cohort and get tested. If you are already home, you should remain home and get tested.**

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- **If the test is positive**, you should follow the recommendations for “If You Test Positive for COVID-19 (Isolate)”.
- **If the test is negative**, you must remain at home until your symptoms are resolved, including no fever for 24 hours without medication. \*

**NOTES:**

- **If the individual is unable to wear a well-fitting mask correctly and consistently at all times, the individual should stay home for 10 full days from the date of last exposure.**
- Persons who do not meet the vaccination criteria but had COVID-19 within the past 90 days can continue to work or attend school if they remain asymptomatic. If symptoms occur, the person should be immediately excluded and recommended for testing.

# Prince George's County COVID-19 K-12 School Isolation and Quarantine Guidelines

**If you:**

**Completed the primary series of Pfizer vaccine over 5 months ago and are not boosted**

**OR**

**Completed the primary series of Moderna vaccine over 6 months ago and are not boosted**

**OR**

**Completed the primary series of J&J vaccine over 2 months ago and are not boosted**

**OR**

**Are unvaccinated**

**OR**

**Are not fully vaccinated**

**OR**

**Vaccination status is unknown**

- **You must quarantine after exposure.**
  - Stay home for at least 5 days after the date of last exposure to the person positive for COVID-19.
  - **Must test on Day 5** after the date of last exposure.
  - On Day 6, if there are no symptoms, students or staff may return to school. They must wear a well-fitting mask **correctly and consistently** at all times unless eating.
    - Rapid Antigen or PCR test is acceptable.
    - Must have test results to return to school. There should be no pending results prior to return.
- Day 0 = Date of Last Exposure
- **If you test positive**, you should follow the recommendations for “If You Test Positive for COVID-19 (Isolate)”.
  - **If you test negative**, you may return to school IF you wear a well-fitting mask **correctly and consistently at all times unless eating** for 10 days following the date of last exposure.
- **If you develop symptoms**, you should immediately be excluded from class and/or cohort and get tested. If you are already home, you should remain home and get tested.
    - **If the test is positive**, you should follow the recommendations for “If You Test Positive for COVID-19 (Isolate)”.
    - **If the test is negative**, you must remain at home until your symptoms are resolved, including no fever for 24 hours without medication. \*

## NOTES:

- **If the person is unable to wear a well-fitting mask correctly and consistently at all times, they should stay home for 10 full days from date of last exposure.**
- No participation in higher risk activities between day 6 to 10 (Ex. Including but not limited to indoor or high contact athletics, indoor forced exhalation activities. such as singing, exercising, or playing a wind or brass instrument).

\*Please ensure applicable criteria in the [Communicable Diseases Summary](#) have been met.