

**UPDATED Quarantine & Isolation Guidance (1/19/2022)**

[Prince George's County COVID-19 \*\*K-12 School\*\* Isolation and Quarantine Guidelines](#)

[Prince George's County COVID-19 \*\*Childcare\*\* Isolation and Quarantine Guidelines](#)

<b>ISOLATION – Positive Case</b>		
<b>ADW Employees</b>	<b>Students in K-12 Schools</b>	<b>PreK</b>
<p>The Archdiocese <u>recommends that vaccinated employees obtain a negative rapid test and requires that unvaccinated employees obtain a negative rapid test</u> before returning to work after 5 days. Any employee who returns to work after 5 days must also continue wearing a mask for another 5 days.</p>	<ul style="list-style-type: none"> <li>Stay home for at least 5 full days from the symptom onset date if symptomatic or the date of the positive test if no symptoms.</li> <li>On Day 6, if there are no symptoms or symptoms have resolved including no fever for at least 24 hours without medication, student or staff may return to school.</li> <li>MUST wear a well-fitting mask <b>correctly and consistently</b> at all times for 5 additional days unless eating.</li> <li><b>If the person is unable to mask correctly and consistently at all times, they should remain at home for 10 days</b></li> <li>No participation in higher risk activities between day 6 to 10 (Ex. Including but not limited to indoor or high contact athletics, indoor forced exhalation activities such as singing, exercising, or playing a wind or brass instrument).</li> </ul>	<p>Stay home for at least 10 full days from the symptom onset date if symptomatic, or the date of the positive test if no symptoms.</p> <p>On Day 11, if there are no symptoms or symptoms are resolved and no fever for at least 24 hours without medication, attendee may return to childcare.</p>
<b>QUARANTINE – Exposure to a COVID positive person (see ‘Who Must Quarantine’ below)</b>		
<b>ADW Employees</b>	<b>Students in K-12 Schools</b>	<b>PreK</b>
<p>Follow guidance for Quarantine for Students in K-12 Schools</p>	<ul style="list-style-type: none"> <li><u>Must</u> quarantine after exposure. Stay home for at least 5 days after the date of last exposure to the person positive for COVID-19.</li> <li><u>Must</u> test (Rapid or PCR) on Day 5 after the date of last exposure.</li> <li>On Day 6, if there are no symptoms, students or staff may return to school. They must wear a well-fitting mask <b>correctly and consistently</b> at all times unless eating.                             <ul style="list-style-type: none"> <li><b>Must have test results to return to school. There should be no pending results prior to return.</b></li> <li>If you test positive, follow Isolation guidance.</li> <li>If you test negative, you may return to school IF you wear a well-fitting mask <b>correctly and consistently at all times unless eating</b> for 10 days following the date of last exposure.</li> </ul> </li> <li>If you develop symptoms, you should immediately be excluded from class and/or cohort and get tested.</li> </ul>	<p>Stay home for at least 10 days from the date of last exposure with the person with COVID-19.</p> <ul style="list-style-type: none"> <li>On Day 11, if there are no symptoms, attendee may return to childcare.</li> <li>Daily symptoms monitoring should occur through day 14 from the last date of exposure.</li> <li>All attendees age 2 years and older should correctly and consistently wear a mask through day 14 from last date of exposure.</li> </ul>

- If the test is negative, you must remain at home until your symptoms are resolved, including no fever for 24 hours without medication.

- If no symptoms, testing is recommended 5 days after date of last exposure. If symptoms develop, test immediately.

**NOTE:** • Childcare programs may use the CDC shortened quarantine period of 5 days for attendees when all the following criteria are met: daily symptom monitoring continues through Day 14, strict adherence to all recommended mitigation strategies listed above, including consistent and correct use of a well-fitting mask, and maintaining 6 feet physical distancing when masks must be removed while eating and napping

- If a person is unable to wear a well-fitting mask at all times, including outdoors, then they are not eligible for the 5-day quarantine and must quarantine for 10 days from the last date of exposure.

- o Testing prior to return from a 10-day quarantine is recommended but not required.

**NOTES:**

- If the person is unable to wear a well-fitting mask correctly and consistently at all times, they should stay home for 10 full days from date of last exposure.
- No participation in higher risk activities between day 6 to 10 (Ex. Including but not limited to indoor or high contact athletics, indoor forced exhalation activities. such as singing, exercising, or playing a wind or brass instrument).

Who Must Quarantine after Exposure?	
These people <b>DO NOT QUARANTINE</b> but wear a well-fitting mask correctly and consistently at all times for 10 days unless eating and <b>MUST</b> get tested on Day 5 after exposure. If positive, follow isolation guidance	These people <b>MUST QUARANTINE</b>
<ul style="list-style-type: none"> <li>• Have been boosted OR</li> <li>• Completed the primary series of Pfizer vaccine within the last 5 months OR</li> <li>• Completed the primary series of Moderna vaccine within the last 6 months OR</li> <li>• Completed the primary series of J&amp;J vaccine within the last 2 months OR</li> <li>• Had confirmed COVID-19 within the last 90 days</li> </ul>	<ul style="list-style-type: none"> <li>• Completed the primary series of Pfizer vaccine over 5 months ago and are not boosted OR</li> <li>• Completed the primary series of Moderna vaccine over 6 months ago and are not boosted OR</li> <li>• Completed the primary series of J&amp;J vaccine over 2 months ago and are not boosted OR</li> <li>• Are unvaccinated OR</li> <li>• <b>Are not fully vaccinated</b> OR</li> <li>• <b>Vaccination status is unknown</b></li> </ul>

CDC Guidance: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html> 1/9/2022

MSDE/MDH Guidance: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html> 1/6/2022

[Recommended Mitigation Strategies](#) (1/16/2022)

Updated Guidance for [Quarantine with Positive Household Member and Outbreak Definitions](#) (1/16/2022)