

UPDATED Quarantine & Isolation Guidance (1/12/2022)

St. Mary's County

ISOLATION – Positive Case		
ADW Employees	Students in K-12 Schools	PreK
<p>The Archdiocese <u>recommends that vaccinated employees obtain a negative rapid test and requires that unvaccinated employees obtain a negative rapid test</u> before returning to work after 5 days. Any employee who returns to work after 5 days must also continue wearing a mask for another 5 days.</p>	<ul style="list-style-type: none"> • Isolate 5 days • isolation can end after 5 days if the student continues to have no symptoms or symptoms have improved including no fever for 24 hours without medicine • Continue to wear a well-fitting mask around others at home and in public through day 10 • If the person is unable to mask around others, they should remain at home for 10 days 	<ul style="list-style-type: none"> • Follow ‘Students in K-12 Schools’
QUARANTINE – Exposure to a COVID positive person (see ‘Who Must Quarantine’ below)		
ADW Employees	Students in K-12 Schools	PreK
<p>Follow guidance for Quarantine for Students in K-12 Schools</p>	<ul style="list-style-type: none"> • Stay home for at least 5 days (unless you qualify for DO NOT QUARANTINE below) after the last close contact with the person with COVID-19 (Day 1 is considered the first full day after the date of last close contact) • If no symptoms, get tested at least 5 days after the last close contact. • If the person tests negative, they may return to school or child care IF they wear a well-fitting mask when around others* until 10 days after their last close contact; • If the person is unable to get a test, they may return to school or child care after Day 5 IF they wear a well-fitting mask when around others* until 10 days after their last close contact. • If the person is unable to mask around others, they should remain at home for 10 days from the date of last close contact. 	<ul style="list-style-type: none"> • Follow ‘Students in K-12 Schools’ • A negative Rapid test is recommended, not required, on Day 5 of Quarantine.

Who Must Quarantine after Exposure?	
These people DO NOT QUARANTINE but should wear a well-fitting mask for 10 days and get tested on Day 5	These people MUST QUARANTINE
<ul style="list-style-type: none"> ● Adults 18 years and older who have been boosted OR completed the primary series of Pfizer within the last 5 months or Moderna vaccine within the last 6 months OR completed the primary series of J&J vaccine within the last 2 months AND they have no symptoms; ● Children 5-17 years old who have completed the Pfizer vaccine series as recommended AND they have no symptoms; and ● Persons who had confirmed COVID-19 within the last 90 days (i.e. tested positive using a viral test). 	<ul style="list-style-type: none"> ● Persons of all ages who are unvaccinated; and ● Adults 18 years and older who have completed the primary series of Pfizer vaccine over 5 months ago or Moderna vaccine over 6 months ago and are not boosted OR completed the primary series of J&J over 2 months ago and are not boosted.

CDC Guidance: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html> 1/9/2022

MSDE/MDH Guidance: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html> 1/6/2020