

UPDATED Quarantine & Isolation Guidance (1/21/2022)

Calvert County

ISOLATION – Positive Case		
ADW Employees	Students in K-12 Schools	PreK
<p>The Archdiocese <u>recommends that vaccinated employees obtain a negative rapid test and requires that unvaccinated employees obtain a negative rapid test</u> before returning to work after 5 days. Any employee who returns to work after 5 days must also continue wearing a mask for another 5 days.</p>	<ul style="list-style-type: none"> Isolate 5 days isolation can end after 5 days if the student continues to have no symptoms or symptoms have improved including no fever for 24 hours without medicine Continue to wear a well-fitting mask around others at home and in public through day 10 If the person is unable to mask around others, they should remain at home for 10 days 	<p>5-day isolation protocol can be utilized for all children who are 2 years of age and older <u>who can consistently mask wear throughout the day</u></p> <p>Children returning to daycare on Day 6 will need to be monitored by daycare staff to ensure they are wearing their masks appropriately.</p> <p>If they are unable to properly wear a face mask, they should not return to daycare until they complete a full 10-day isolation.</p>
QUARANTINE – Exposure to a COVID positive person (see ‘Who Must Quarantine’ below)		
ADW Employees	Students in K-12 Schools	PreK
<p>Follow guidance for Quarantine for Students in K-12 Schools</p>	<ul style="list-style-type: none"> Stay home for at least 5 days (unless you qualify for DO NOT QUARANTINE below) after the last close contact with the person with COVID-19 (Day 1 is considered the first full day after the date of last close contact) If no symptoms, get tested at least 5 days after the last close contact. If the person tests negative, they may return to school or child care IF they wear a well-fitting mask when around others* until 10 days after their last close contact; If the person is unable to get a test, they may return to school or child care after Day 5 IF they wear a well-fitting mask when around others* until 10 days after their last close contact. If the person is unable to mask around others, they should remain at home for 10 days from the date of last close contact. 	<p>5-day quarantine protocol can be utilized for all children who are 2 years of age and older <u>who can consistently mask wear throughout the day</u>.</p> <p>Children returning to daycare on Day 6 will need to be monitored by daycare staff to ensure they are wearing their masks appropriately.</p> <p>If they are unable to properly wear a face mask, they should not return to daycare until they complete a full 10-day quarantine.</p>

NOTES:

1. For children who return 6 days after the onset of infection or following exposure to a person with Covid, the only times that masks may be removed are when a child is outdoors, eating, or taking a nap. During meal or nap time, children should be at least 6 feet away from others.
2. Any child returning earlier than a full 10-day quarantine should be carefully monitored for symptoms of illness. If they display any signs of illness, they should be picked up by their parent/guardian as soon as possible and tested for Covid.
3. In keeping with earlier guidance, children under 2 years of age should not wear a mask due to the risk of suffocation. These children will continue to require a full 10-day isolation or quarantine period.

The health department's processes for notification as well as isolation/quarantine protocols will change effective immediately.

- Questionnaires filled out for symptomatic, positive, or close contacts to a positive will still be required.
- **Rosters will no longer be required unless there are children in the room who attend in person learning at a public or non-public school.** In those circumstances, the CCHD daycare team will require a roster to be submitted at the time of the questionnaire submission.
- At this time, **we will be sending closure/quarantine letters to the daycare facility/owner only and THE DAYCARE OWNER/DIRECTOR WILL NEED TO DISTRIBUTE IT TO PARENTS** in the mechanism by which the daycare typically communicates with families.
- **We will no longer send out individual quarantine letters to parents.**
- A notification will still be sent to the licensing specialist when a closure occurs.

Who Must Quarantine after Exposure?	
These people DO NOT QUARANTINE but should wear a well-fitting mask for 10 days and get tested on Day 5	These people MUST QUARANTINE
<ul style="list-style-type: none">• Adults 18 years and older who have been boosted OR completed the primary series of Pfizer within the last 5 months or Moderna vaccine within the last 6 months OR completed the primary series of J&J vaccine within the last 2 months AND they have no symptoms;• Children 5-17 years old who have completed the Pfizer vaccine series as recommended AND they have no symptoms; and• Persons who had confirmed COVID-19 within the last 90 days (i.e. tested positive using a viral test).	<ul style="list-style-type: none">• Persons of all ages who are unvaccinated; and• Adults 18 years and older who have completed the primary series of Pfizer vaccine over 5 months ago or Moderna vaccine over 6 months ago and are not boosted OR completed the primary series of J&J over 2 months ago and are not boosted.

CDC Guidance: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html> 1/9/2022

MSDE/MDH Guidance: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html> 1/6/2020

[Calvert County Health Department Letter](#) (1/20/2022)