

UPDATED Quarantine & Isolation Guidance (1/12/2022)

Calvert County

ISOLATION – Positive Case		
ADW Employees	Students in K-12 Schools	PreK
<p>The Archdiocese <u>recommends that vaccinated employees obtain a negative rapid test and requires that unvaccinated employees obtain a negative rapid test</u> before returning to work after 5 days. Any employee who returns to work after 5 days must also continue wearing a mask for another 5 days.</p>	<ul style="list-style-type: none"> Isolate 5 days isolation can end after 5 days if the student continues to have no symptoms or symptoms have improved including no fever for 24 hours without medicine Continue to wear a well-fitting mask around others at home and in public through day 10 If the person is unable to mask around others, they should remain at home for 10 days 	<p>Isolation Under 5: Children under 5 years of age will need to isolate for 10 days if infected with COVID - and may return on day 11 without any test out option given the above understanding of the lack of mask wearing that can be done at all times in these age groups</p>
QUARANTINE – Exposure to a COVID positive person (see ‘Who Must Quarantine’ below)		
ADW Employees	Students in K-12 Schools	PreK
<p>Follow guidance for Quarantine for Students in K-12 Schools</p>	<ul style="list-style-type: none"> Stay home for at least 5 days (unless you qualify for DO NOT QUARANTINE below) after the last close contact with the person with COVID-19 (Day 1 is considered the first full day after the date of last close contact) If no symptoms, get tested at least 5 days after the last close contact. If the person tests negative, they may return to school or child care IF they wear a well-fitting mask when around others* until 10 days after their last close contact; If the person is unable to get a test, they may return to school or child care after Day 5 IF they wear a well-fitting mask when around others* until 10 days after their last close contact. If the person is unable to mask around others, they should remain at home for 10 days from the date of last close contact. 	<p>Quarantine Under 5: Children under 5 (vaccine ineligible) will need to do a 10 day quarantine after an exposure to a COVID positive person if they do not develop symptoms. They may not test out of quarantine. If they test positive during quarantine, they will begin their 10 day isolation period.</p>

Who Must Quarantine after Exposure?	
These people DO NOT QUARANTINE but should wear a well-fitting mask for 10 days and get tested on Day 5	These people MUST QUARANTINE
<ul style="list-style-type: none"> ● Adults 18 years and older who have been boosted OR completed the primary series of Pfizer within the last 5 months or Moderna vaccine within the last 6 months OR completed the primary series of J&J vaccine within the last 2 months AND they have no symptoms; ● Children 5-17 years old who have completed the Pfizer vaccine series as recommended AND they have no symptoms; and ● Persons who had confirmed COVID-19 within the last 90 days (i.e. tested positive using a viral test). 	<ul style="list-style-type: none"> ● Persons of all ages who are unvaccinated; and ● Adults 18 years and older who have completed the primary series of Pfizer vaccine over 5 months ago or Moderna vaccine over 6 months ago and are not boosted OR completed the primary series of J&J over 2 months ago and are not boosted.

CDC Guidance: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html> 1/9/2022

MSDE/MDH Guidance: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html> 1/6/2020