

Name: \_\_\_\_\_

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(CS photo/Andrew Biraj)

# BLACK CATHOLIC VOICES

Cardinal Gregory, a native of Chicago who was installed as Washington's seventh archbishop in 2019, became the first African American cardinal in the history of the Catholic Church in the United States.

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[Click here to watch the interview](#)

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During the interview, Cardinal Gregory talks about "metanoia." Search for and write down a definition for "metanoia." Then discuss with others what "metanoia" means to you.

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During the interview, Cardinal Gregory discusses several challenging topics, from racism to the effects of the pandemic on the community.

**What was your biggest takeaway from the interview? What story or piece of advice was the most meaningful to you? Why?**

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**What does Cardinal Gregory say we can do to persevere during difficult times?**

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"If we focus only on what is wrong we'll lose heart, so we have to say 'yes,' we have to acknowledge the flaws that we discover within our faith, within our nation, within our own hearts, but if we focus only on the flaws we'll miss the possibility of change, in metanoia that the Lord calls us to."

How can you live out Cardinal Gregory's advice?

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