

**ADW CSO 2017-2018**  
**Recommended instructional minutes**

	<b>ADW recommended</b>
<b>Sample 1/2 day 4 y.o. preschool</b>	<b>minimum weekly instructional minutes</b>
Welcome & Prayers	25
Calendar & Weather	25
Learning Circle Time	75
Centers/Free Choice	125
Bathroom, Hand washing	75
Snacks	75
Outside Play/Recess	100
Story Time, Literacy	50
Small Math Group Time	75
Movement and Music	75
Clean-Up, Prayer	50
	<b>750</b>

Preschool schedule is a guide, and actual schedules will vary based on program hours.

	<b>ADW recommended</b>
<b>Kindergarten</b>	<b>minimum weekly instructional minutes</b>
Religion	150
Math *	300
Reading/Phonics *	450
Lang Arts/Library *	300
Social Studies *	45
Science *	45
Music	90
Art	90
Phys Ed/Health	90
Other **	90
Lunch, Recess, Homeroom	450
	<b>2100</b>

\* Center activities should be designed to enhance discovery/problem-solving

Group instruction is used to develop student understanding of concepts

\*\* Other determined by local needs (For example: could include a daily rest period)

**Participation in Mass may be used for 1/5 of the week's religious instruction in all grade levels**

**ADW CSO 2017-2018**  
**Recommended instructional minutes**

	<b>ADW recommended</b>
<b>Grades 1-3</b>	<b>minimum weekly instructional minutes</b>
Religion *	150
Math	300
Reading/Phonics *	450
Lang Arts/Library *	300
Social Studies	125
Science	125
Music	45
Art	45
Phys Ed/Health	90
Other **	135
Lunch, Recess, Homeroom	335
	<b>2100</b>

\* Other determined by local need (technology, foreign language, etc.)

**Participation in Mass may be used for 1/5 of the week's religious instruction in all grade levels**

	<b>ADW recommended</b>
<b>Grades 4-5</b>	<b>minimum weekly instructional minutes</b>
Religion *	225
Math	300
Reading	300
Lang Arts/Library	225
Social Studies	225
Science	225
Music *	45
Art *	45
Phys Ed/Health	90
Other **	45
Lunch/Recess, HR, Transitions	375
	<b>2100</b>

\* Additional religion, music and art can be integrated into other subjects

\*\* Other could include foreign lang, computers, ESL, gifted education, remedial

If 4th/5th graders do not change classes for departmentalized courses, the extra 100 minutes in transition time can be allocated to Other needs or Fine Arts

**Participation in Mass may be used for 1/5 of the week's religious instruction in all grade levels**

**ADW CSO 2017-2018**  
**Recommended instructional minutes**

<b>Grades 6-8</b>	<b>ADW recommended minimum weekly instructional minutes</b>
Religion	225
Math	300
Reading	225
Lang Arts	225
Social Studies	225
Science	225
Fine Arts/Technology/PE	225
Foreign Language	90
Lunch/Recess, HR, Transitions	360
	<b>2100</b>

Based on a 45 minute instructional class period with transition time to be added extra

**Participation in Mass may be used for 1/5 of the week's religious instruction in all grade levels**