Current Bullying Prevention Efforts of Committee Member Schools May '19 St. Andrew Apostle School St. Thomas More Catholic **Bartholomew School** DBCR/ ADW CSO intern St. John the Evangelist St. Mary's of the Mills St. Matthias (Lanham) **Blessed Sacrament** St. Jane De Chantal St. Mary's School St Peter's School Holy Redeemer St. Augustine Sacred Heart St. Raphael **Morning Prayer** 2nd Step Х **Responsive Classroom** Х х Х Х teacher inservice х х Student Abassadors Х **Parent Orientation** Х Counselor Class presentations Daily Examen х School pledge/ mantra Х Х Use theme of C.A.R.E. Х prizes for kindness Mindfulness **Playworks** Х Clear handbook directive Stopbullying.gov Police presenter Х Pep Rally Kindness Club Χ Owning Up Curriculum Х pairing younger & older kids Х Anti-bullying week Kindness&Good Citizenship Campaign Х Guest Speaker All School Presentation х Conscious Discipline Nonviolent Comm. Str. х Peer Mediation lunch bunches

## Other resources mentioned

Faith, Family and Friends - Catholic Elementary School Guidance Program- NCEA - 1993 https://www.pacer.org/bullying/classroom/elementary/activities/

Growing in Love Comprehensive Guidance and Counseling Curriculum for Catholic Elementary Schools Mind Up Mindfulness Program

Bully Prevention Discussion Questions for the Classroom by Lizzie Sider

Restorative Justice

Have You Filled a Bucket Today - Carol McCloud

Social Worker led classroom sessions –created curriculum based on Stopbullying.gov, US Department of Education, and the National Bullying Prevention Center with the following outline.

- Definition of Bullying
- Purpose of the sessions
- St. Augustine's views of Bullying (how both the bully and bullied are addressed)
- The roles in a bullying scenario
- Common forms of bullying
- Why does someone bully
- Techniques to stop bullying
- How to report bullying
- Consequences of bullying
- The difference between bullying and conflict
- Students have taken anti-bullying pledges and created anti-bullying posters to display in the school.