

Other resources mentioned

Faith, Family and Friends - Catholic Elementary School Guidance Program- NCEA - 1993

<https://www.pacer.org/bullying/classroom/elementary/activities/>

Growing in Love Comprehensive Guidance and Counseling Curriculum for Catholic Elementary Schools

Mind Up Mindfulness Program

Bully Prevention Discussion Questions for the Classroom by Lizzie Sider

Restorative Justice

Have You Filled a Bucket Today - Carol McCloud

Social Worker led classroom sessions –created curriculum based on Stopbullying.gov, US Department of Education, and the National Bullying Prevention Center with the following outline.

- Definition of Bullying
- Purpose of the sessions
- St. Augustine’s views of Bullying (how both the bully and bullied are addressed)
- The roles in a bullying scenario
- Common forms of bullying
- Why does someone bully
- Techniques to stop bullying
- How to report bullying
- Consequences of bullying
- The difference between bullying and conflict
- Students have taken anti-bullying pledges and created anti-bullying posters to display in the school.