

### If You Test Positive for COVID-19 (Isolate)

**All persons who test positive for COVID-19 or have suspected COVID-19, regardless of vaccination status**

- Stay home for at least 5 full days from the symptom onset date if symptomatic or the date of the positive test if no symptoms.
- On Day 6, if there are no symptoms or symptoms are resolving and no fever for at least 24 hours without medication, student or staff may return to school.
- **MUST** wear a well-fitting mask around others for 5 additional days at all times unless eating.

Day 0 = Date Positive Test Was Performed or Start of Symptoms, Whichever Was Last

**NOTES:**

- If the person is unable to wear a well-fitting mask when around others, they should remain at home for a full 10 days.
- A student or staff member may not return to school if symptoms are not improving and/or fever has not been resolved for 24 hours without medication.
- These guidelines do not apply to people with severe COVID-19 or with weakened immune systems.
- No participation in higher risk school-sponsored activities between day 6 to 10 (Ex. Including but not limited to indoor or high contact athletics, indoor forced exhalation activities such as singing, exercising, or playing a wind or brass instrument).

### If You Were Exposed to Someone with COVID-19

**If you:**  
**Have been boosted**  
**OR**  
**Completed the primary series of Pfizer within the last 5 months**  
**OR**  
**Completed the Moderna vaccine within the last 6 months**  
**Or**  
**Completed the primary series of J&J vaccine within the last 2 months**  
**OR**  
**Had confirmed COVID-19 within the last 90 days**

- Do not need to quarantine after exposure.
- Wear a well-fitting mask around others for 10 days after the last date of exposure with the person with COVID-19
- **Must** test with a Rapid Antigen Test on Day 5 after the date of last exposure (persons who had confirmed COVID-19 test within the last 90 days do not need to test).

Day 0 = Date of Last Exposure

- **If the person tests positive or develops symptoms**, they should stay home and follow recommendations for “If You Test Positive for COVID-19 (Isolate)”

## Prince George's County COVID-19 K-12 School Quarantine and Isolation Guidelines

	<ul style="list-style-type: none"> <li>○ <b>If the person tests negative</b>, they should continue to wear a well-fitting mask around others for 10 days after the last close contact.</li> </ul>
<p><b>If you:</b>  <b>Completed the primary series of Pfizer over 5 months ago and are not boosted</b>  <b>OR</b>  <b>Completed the Moderna vaccine over 6 months ago and are not boosted</b>  <b>Or</b>  <b>Completed the primary series of J&amp;J vaccine over 2 months ago and are not boosted</b>  <b>OR</b>  <b>Are unvaccinated</b></p>	<ul style="list-style-type: none"> <li>• Must quarantine after exposure</li> <li>• Stay home for at least 5 days after the last date of exposure with the person with COVID-19</li> <li>• <b>If no symptoms, <u>must</u></b> test with a Rapid Antigen Test on Day 5 after the date of last exposure.</li> </ul> <p style="text-align: center;">Day 0 = Date of Last Exposure</p> <ul style="list-style-type: none"> <li>○ <b>If the person tests negative</b>, they may return to school IF they wear a well-fitting mask at all times when around others until 10 days after their last close contact.</li> <li>○ <b>If the person tests positive</b>, they should follow the recommendations for “If You Test Positive for COVID-19 (Isolate)”.</li> <li>• <b>If the person develops symptoms</b>, they should get tested immediately and remain at home.             <ul style="list-style-type: none"> <li>○ <b>If the test is positive</b>, they should follow the recommendations for “If You Test Positive for COVID-19 (Isolate)”.</li> </ul> </li> </ul> <p><b>NOTES:</b></p> <ul style="list-style-type: none"> <li>• If the person is unable to wear a well-fitting mask when around others, they should remain at home for a full 10 days.</li> <li>• No participation in higher risk school-sponsored activities between day 6 to 10 (Ex. Including but not limited to indoor or high contact athletics, indoor forced exhalation activities. such as singing, exercising, or playing a wind or brass instrument).</li> </ul>