

**UPDATED Quarantine & Isolation Guidance (1/12/2022)**

District of Columbia – [CDC Guidance for K-12 Schools](#)

| <b>ISOLATION – Positive Case</b>                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                             |
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| <b>ADW Employees</b>                                                                                                                                                                                                                                                                                             | <b>Students in K-12 Schools</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | <b>PreK</b>                                                                                                                 |
| <p>The Archdiocese <u>recommends that vaccinated employees obtain a negative rapid test and requires that unvaccinated employees obtain a negative rapid test</u> before returning to work after 5 days. Any employee who returns to work after 5 days must also continue wearing a mask for another 5 days.</p> | <p><b>Asymptomatic: Isolate for at least 5 days.</b></p> <ul style="list-style-type: none"> <li>• If they continue to have no symptoms, they can end isolation after at least 5 days.</li> <li>• They should continue to wear a <a href="#">well-fitting mask</a> around others at home and in public until day 10. If they are unable to wear a mask when around others, they should continue to isolate for 10 days.</li> <li>• If they develop <a href="#">symptoms</a> after testing positive, the 5-day isolation period should start over.</li> </ul> <p><b>People who have COVID-19 and have or had symptoms should isolate for at least 5 days.</b></p> <ul style="list-style-type: none"> <li>• They can end isolation after 5 full days if they are fever-free for 24 hours without the use of fever-reducing medication and other symptoms have improved (loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation).</li> <li>• They should continue to wear a well-fitting mask around others at home and in public for 5 additional days (day 6 through day 10) after the end of their 5-day isolation period.</li> <li>• If they are unable to wear a mask when around others, they should continue to isolate for 10 days.</li> </ul> | <p>Follow ‘Students in K-12 Schools’ Guidance</p>                                                                           |
| <b>QUARANTINE – Exposure to a COVID positive person (see ‘Who Must Quarantine’ below)</b>                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                             |
| <b>ADW Employees</b>                                                                                                                                                                                                                                                                                             | <b>Students in K-12 Schools</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | <b>PreK</b>                                                                                                                 |
| <p>Follow guidance for Quarantine for Students in K-12 Schools</p>                                                                                                                                                                                                                                               | <ul style="list-style-type: none"> <li>• Stay home and away from other people for at least 5 days (day 0 through day 5) after their last close contact with a person who has COVID-19.</li> <li>• For 10 days after their last close contact to someone with COVID-19, watch for fever (100.4°F or greater), cough, shortness of breath, or other COVID-19 symptoms.</li> <li>• If they develop symptoms, get tested immediately and isolate until they receive their test results. If they do not develop symptoms, get tested at least 5 days after they last had close contact with someone with COVID-19.</li> <li>• If negative, they can leave home, but continue to wear a well-fitting mask when around others at home and in public until 10 days after their last close contact with someone with COVID-19.</li> <li>• If they are unable to get a test 5 days after their last close contact with someone with COVID-19, they can leave their home after day 5 if they have been without COVID-19 symptoms throughout the 5-day period. Wear a well-fitting mask for 10 days after the date of last close contact when around others at home and in public.</li> </ul>                                                                                                                          | <p>Follow ‘Students in K-12 Schools’</p> <p>A negative Rapid test is recommended, not required, on Day 5 of Quarantine.</p> |

| <b>Who Must Quarantine after Exposure?</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
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| These people <b>DO NOT QUARANTINE</b> but should wear a well-fitting mask for 10 days and get tested on Day 5                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | These people <b>MUST QUARANTINE</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <p>Students, teachers, and staff who came into close contact with someone with COVID-19 and are in one of the following groups do not need to quarantine:</p> <ul style="list-style-type: none"> <li>• People who are ages 18 and older and have received all recommended vaccine doses, including boosters and additional primary shots for some immunocompromised people.</li> <li>• People who are ages 5–17 years and completed the primary series of COVID-19 vaccines.</li> <li>• People who had confirmed COVID-19 within the last 90 days (tested positive using a viral test).</li> </ul> | <p>Students, teachers, and staff who came into close contact with someone with COVID-19 should quarantine for at least 5 days (day 0 through day 5) after their last close contact if they are in one of the following groups:</p> <ul style="list-style-type: none"> <li>• People who are ages 18 and older and completed the primary series of recommended vaccine, but have not received a recommended booster shot when eligible.</li> <li>• People who received the single-dose Johnson &amp; Johnson vaccine (completing the primary series) over 2 months ago and have not received a recommended booster shot.</li> <li>• People who are not vaccinated or have not completed a primary vaccine series.</li> </ul> |

CDC Guidance: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html> 1/9/2022