

UPDATED Quarantine & Isolation Guidance (1/14/2022)

Montgomery County

ISOLATION – Positive Case		
ADW Employees	Students in K-12 Schools	PreK
<p>The Archdiocese <u>recommends that vaccinated employees obtain a negative rapid test and requires that unvaccinated employees obtain a negative rapid test</u> before returning to work after 5 days. Any employee who returns to work after 5 days must also continue wearing a mask for another 5 days.</p>	<ul style="list-style-type: none"> • Stay home for at least 5 full days from the date of symptom onset if symptomatic or the date of the positive test if no symptoms. • After Day 5, if the person has no symptoms or if symptoms are improved and they have had no fever for at least 24 hours without medication, they may return to school or childcare PROVIDED they wear a well-fitting mask when around others* for an additional 5 days. • If the person is unable to wear a mask around others, they should remain at home for a full 10 days. Unmasked time should be minimized and physical distancing and ventilation maximized during these times. People should not be participating in any other activities unmasked. 	<ul style="list-style-type: none"> • Stay home for at least 10 full days from the date of symptom onset if symptomatic or the date of the positive test if no symptoms.
QUARANTINE – Exposure to a COVID positive person (see ‘Who Must Quarantine’ below)		
ADW Employees	Students in K-12 Schools	PreK
<p>Follow guidance for Quarantine for Students in K-12 Schools</p>	<ul style="list-style-type: none"> • Stay home for at least 5 days after the last close contact with the person with COVID-19 • If no symptoms, get tested at least 5 days after the last close contact. <ul style="list-style-type: none"> o If the person tests negative, they may return to school or childcare PROVIDED they wear a well-fitting mask when around others* until 10 days after their last close contact; o If the person tests positive, they should follow the recommendations for isolation above; o If the person is unable to get a test, they may return to school or childcare after Day 5 IF they wear a well-fitting mask when around others* until 10 days after their last close contact. • If the person develops symptoms they should get tested immediately and remain at home; if the test is positive, they should follow the recommendations for isolation above. • If the person is unable to mask around others, they should remain at home for 10 days from the date of last close contact 	<ul style="list-style-type: none"> • Stay home for at least 10 days after the last close contact • If the person develops symptoms they should get tested immediately and remain at home; if the test is positive, they should follow the recommendations for isolation above. • If no symptoms, get tested at least 5 days after the last close contact. <ul style="list-style-type: none"> o If the child tests negative or unable to get a test, they may return to childcare 10 days after their last close contact; o If the child tests positive, they should follow the recommendations for isolation above.

*NOTE: For people who are returning either from isolation (after a positive COVID-19 test) or quarantine (after exposure), the recommendation is that masks may be removed only when eating and during naptime. Unmasked time should be minimized and physical distancing and ventilation maximized during these times. People should not be participating in any other activities unmasked.

Who Must Quarantine after Exposure?	
These people DO NOT QUARANTINE but should wear a well-fitting mask for 10 days and get tested on Day 5	These people MUST QUARANTINE
<ul style="list-style-type: none"> ● Adults 18 years and older who have been boosted OR completed the primary series of Pfizer within the last 5 months or Moderna vaccine within the last 6 months OR completed the primary series of J&J vaccine within the last 2 months AND they have no symptoms; ● Children 5-17 years old who have completed the Pfizer vaccine series as recommended AND they have no symptoms; and ● Persons who had confirmed COVID-19 within the last 90 days (i.e. tested positive using a viral test). 	<ul style="list-style-type: none"> ● Persons of all ages who are unvaccinated; and ● Adults 18 years and older who have completed the primary series of Pfizer vaccine over 5 months ago or Moderna vaccine over 6 months ago and are not boosted OR completed the primary series of J&J over 2 months ago and are not boosted.

CDC Guidance: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html> 1/9/2022

MSDE/MDH Guidance: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html> 1/6/2020

MC Health Department: <https://www.montgomerycountymd.gov/covid19/Resources/Files/quarantine/I-Q-guidance-schools-childcare.pdf>
1/14/2022