

Resources for School Leaders After a School Shooting

[USCCB Confronting A Culture of Violence: A Catholic Framework for Action](#)

A Pastoral message from the US Catholic Bishops in 1994 on the topic of violence in society and how as a nation and as individuals people must work to ensure a more peaceful world, addressing the need for a moral revolution and a renewed ethic of justice, responsibility, and community.

[Fuller Youth Institute Processing the Tragedy of School Shootings](#)

Resources to help guide youth and teens through the next steps after school shootings and resources to help them process the events that have occurred.

[Fuller Youth Institute 5 Ways to Process Tragedy with Teenagers](#)

Steps on how to help teens process tragedies, such as school shootings, by using the strength of their faith to help guide them through.

[Helping a Student After a School Shooting](#)

From the American School Counselor Association. Provides resources from a number of different reputable sites and organizations on trauma responses and helping children grieve after a school shooting. Resources from the NEA, NASP, APA, Red Cross and others are included.

[APA Helping your children manage distress in the aftermath of a shooting](#)

Article from the American Psychological Association on how parents can talk to their children about trauma and school shootings.

[NCTSN Age-Related Reactions to a Traumatic Event PDF](#)

Describes how young children, school-age children, and adolescents react to traumatic events and offers suggestions on how parents and caregivers can help and support them.

[NCTSN Talking to Children about the Shooting PDF](#)

Provides information on how to talk to children about mass shootings and gives tips about how to start the conversation, common reactions children may have, and how to seek help if needed.

[NCTSN Helping Youth after Community Trauma: Tips for Educators PDF](#)

Lists common reactions educators might see in the students with whom they work and suggestions on how they may help after community trauma.

[NCTSN Restoring a Sense of Safety in the Aftermath of a Shooting: Tips for Parents and Professionals PDF](#)

Offers parents, caregivers, and professionals guidance for restoring a sense of safety after a mass shooting.

[San Diego County Office of Education Virtual Wellness Center](#)

A virtual Wellness Center to support the well-being of school staff, students, and parents and to connect them to calming activities and tools to promote health and wellness. Includes calming activities, SEL lessons, mental health supports, virtual tours, and much more.