School Health At-A-Glance

- Best practices to prevent the spread of **all illnesses**
  - Encourage proper hand washing with soap and water
  - Model and encourage proper cleaning/disinfecting of surfaces
  - Emphasize staying home when sick to faculty, staff, students, and families
  - Provide ventilation in the school building
  - Remind parents to contact their health providers

- COVID-19 Specific Reminders
  - COVID-19 is no longer a Public Health Emergency (PHE)
  - The Center for Disease Control (CDC) recommends
    - If an individual tests positive, that individual should isolate for 5 days and wear a well-fitting mask upon return
    - Individuals exposed do not need to quarantine, but can wear a mask
  - Reporting
    - Maryland
      - Single cases can be reported to the local Health Department via phone call
      - Outbreaks* must be reported to the local Health Department and schools must engage with the Health Department about mitigation strategies
    - DC- report large numbers of cases (at least 25 cases tied to a single event)

*Types of Outbreaks	Description of Outbreaks
Cohort Outbreak	<u>Three or more</u> laboratory-confirmed COVID-19 cases among students/teachers/staff in a specified group with onsets (or, if asymptomatic, collection dates) within a 14-day period, and who are epidemiologically linked in the school setting, but not household contacts.
School Outbreak	<u>Five or more classrooms or cohorts</u> with cases from separate households that meet the cohort outbreak definition that occurs within 14 days; **OR** 5% or more unrelated students/teachers/staff have confirmed COVID-19 within a 14 day period [minimum of 10 unrelated students/teachers/staff].
Child Care Center Outbreak	<u>Two or more</u> COVID-19 cases among staff or attendees with onsets (or, if asymptomatic, collection dates) within a 10-day period, and who are epidemiologically linked, but not household contacts.

- Over-The-Counter (OTC) Tests
  - Maryland Schools can request OTC test kits
  - DC and MD residents can check with their local health department or pharmacies

COVID-19 Guidance for Schools Supporting Documents

Center for Disease Control (CDC)
Guidance for Schools and Child Care

Maryland Department of Health
*Guidance Regarding COVID-19 and Other
Respiratory Illness in K-12 Schools and Child Care*

Additional COVID-19 Information Resources (Look here for local information.)

State of Maryland Department of Health

District of Columbia

Calvert County

Charles County

Montgomery County

Prince George's County

St. Mary's County

Please note: The CDC and local health departments have the most updated information. Please connect with the Manager for Special Education if the QR codes or information no longer are working or applicable.

If you have any additional questions, please contact Margaret Kenney White at KenneyM@adw.org